



**A father is neither
an anchor to hold us
back nor a sail to
take us there, but a
guiding light whose
love shows us
the way.**

SPINAL COLUMN

**JUNE
2017**



You're proud of your lawn. You water it, feed it on schedule and try to keep the neighborhood kids off of it. But you missed a few spots with the fertilizer spreader and now dull, brown patches where the grass was **STARVED** of potential growth energy begin to show. *A similar situation can happen inside you.*

All the cells, organs and tissues that make up your body need an even distribution of neurotrophic (life sustaining) energy from your nerve system in order to flourish and grow. If parts of your body are deprived of this energy, likewise you'll develop dull brown patches (disease) on your internal lawn. Chiropractors refer to it as being 'subluxated.'

The goal of Chiropractic care is 100% coverage of neurotrophic Life energy in your body – and that's achieved by keeping your Nerve System clear of blockages at the spinal level. If you don't want to see ugly, brown, weak patches in your health, stay **EVEN** and consistent with your Chiropractic care.

THE BULLETIN BOARD

Keep up to date

KEEP YOUR



ON THE

BULLETIN BOARD!!

SPECIAL EVENTS COMING UP!!

STUMP THE



Check the Board
for Awesome
PRIZES!!

**Patient
Appreciation
Day**

In 2014, 47,055 people died from drug overdoses. Since 2000, opioid drug overdoses have jumped 200% (CNN)

The United States is in the midst of an opioid overdose epidemic. Opioids (including prescription opioid pain relievers and heroin) killed more than 28,000 people in 2014, more than any year on record. At least half of all opioid overdose deaths involve a prescription opioid.

Despite efforts to fight the opioid epidemic, deaths from drug overdoses reached an all-time high in 2014, according to the Centers for Disease Control and Prevention. Dec 18, 2015
2017 stats are at an all time high.

DRUGS ARE NOT THE ANSWER— PRESCRIPTION OR OTHERWISE



Seeds of Health



Who do you know that doesn't know what you know about Chiropractic.

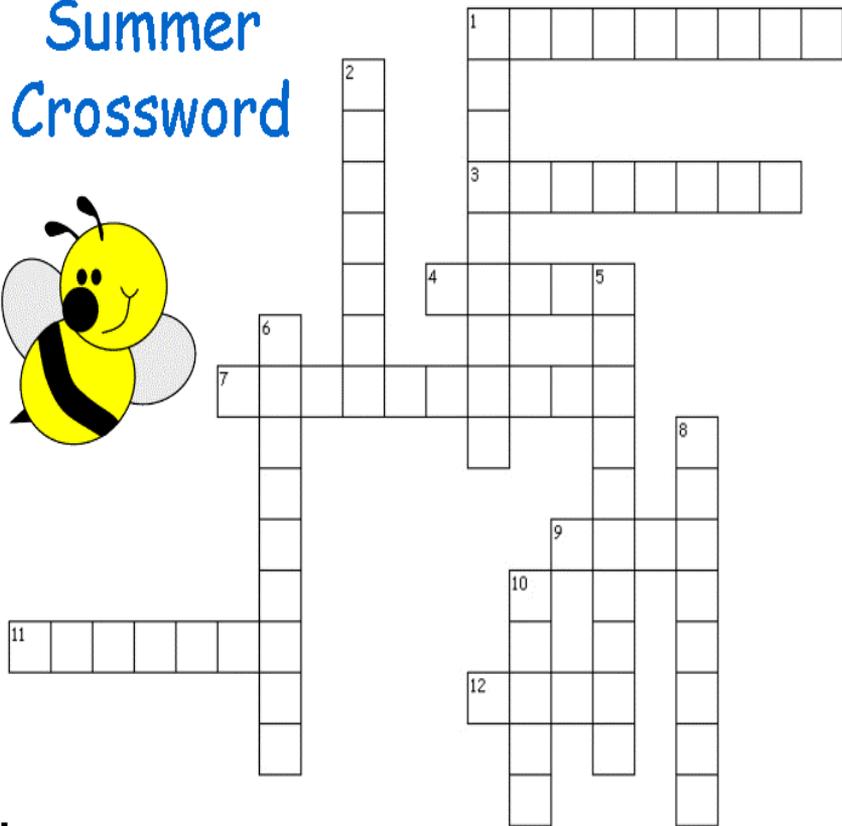


Who thinks the only answer to their declining health is to live with it or cover up their symptoms with drugs?

Plant a Seed of Hope and Health in them !

Ask us how they can get checked to see how we may be able to help them
AT NO CHARGE!!

Summer Crossword

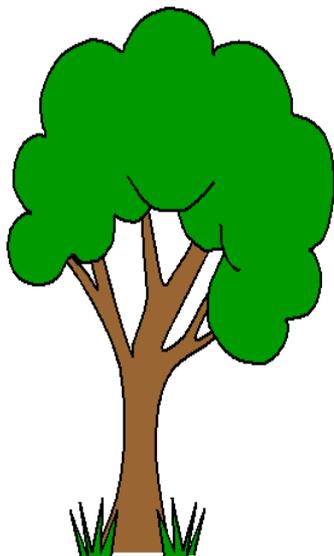


Across

1. From caterpillar to _____.
3. dad's grill
4. A gardener's worst enemy.
7. pink juicy fruit
9. In the summer, the weather is _____.
11. I have a rod and reel. Let's go _____.
12. A long walk.

Down

1. Insect with yellow and black stripes.
2. Healthy summertime transportation.
5. Protective eyewear.
6. A patty and a bun. Yum!
8. Favorite drink of young salespeople.
10. Playground toy you swoosh down.



Wellness

To visit the doctor when you're feeling great is something new. Yet, a growing number of people who want to be and do their best are visiting chiropractors on a regular basis.

Most of us learned to think that having symptoms means you're sick. But what about pre-symptomatic health problems?

The First Symptom

Remember staying home from school when we were sick and returning when we were feeling better? We learned to think of being sick as having obvious symptoms. But these days, many health problems are the result of lifestyle choices that don't always have obvious symptoms until the effects are well advanced and much damage has occurred within the body.

Healthy Response

The reverse is true as well. If you eat improperly prepared food and find yourself vomiting to get rid of it, you probably won't feel good, but you're having a healthy response.

Turns out that true health is how well our bodies work, not how we feel.



Central Control

How well our body functions is based upon the integrity of our nerve system. That's why so many people seek our practice for wellness care. They want to ***make sure that every organ and tissue has an uninterrupted nerve supply.*** It just makes sense to detect little problems before they become serious concerns.



The Key to Health

True health is optimum physical, mental and social well-being and not merely the absence of disease or infirmity. Drinking more water, eating nutritious foods, regular exercise and virtually every other healthy habit produces even bigger dividends when you have a properly working nervous system.

Although everyone wants to feel good, your care should not be based on whether you have pain or other symptoms.

Vertebral subluxations may exist without obvious symptoms.

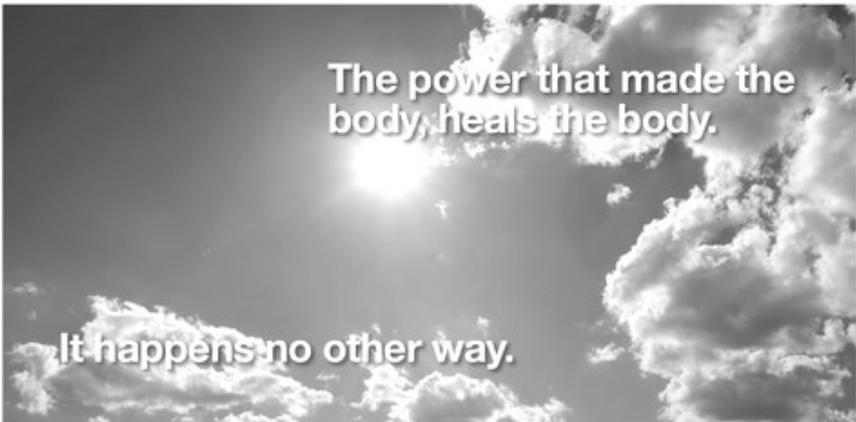
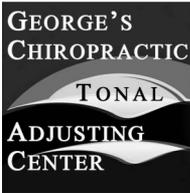
Keep your body functioning at its optimum by keeping the nerve system clear and working at its absolute best!

GEORGE'S CHIROPRACTIC

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